



The Inaugural 'Ramp It Up' Route 66 5K

February 18, 2012 -- 8:00 am
815 E. St. Louis St.
Springfield, MO

A Route 66 Event!

Register at:



Get updates on:



- **Course:** Three loops in the Hammons Tower parking garage, [815 E. St. Louis](#) (Route 66), Springfield, MO
- **Entry Fees:** \$20 before Feb. 1, \$25 on or after Feb. 1.
- **Registration:** By mail, at [Active.com](#), at the Starting Block ([1254 E. Republic Rd](#)) or at the race (7:00-7:45 am).
- **Shirts:** GREAT Route 66 technical shirts guaranteed for the first 200 registrants.
- **Awards:** Special Route 66 trophies to **Overall** male/female, **Masters** (40+) male/female, **Veterans** (55+) male/female, and top three in these age groups (under 15, 15-19, 20-29, 30-39, 40-49, 50-59, 60+).
- **Race Director:** Richard Johnson, 417 459-9340, RichardJohnson@MissouriState.edu (see updates at www.omrr.org and <http://www.facebook.com/groups/188180174601655/>)

Official Entry Form for the 2012 'Ramp It Up' Route 66 5K

First name: _____ Last name: _____ Gender: M F
Age on 2/18/12: _____ Date of birth: _____ Shirt: S M L XL
Address _____ City/State/Zip _____
Phone _____ Email: _____
Emergency contact (name/phone): _____

All entry fees are non-refundable!

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the affects of the weather and the conditions of the roads, all such risks being known and appreciated by me. I also am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals and headphones are strictly prohibited. Furthermore, I agree not to go back onto the course after finishing. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, video tapes, motion pictures, recordings or any other record of this event for any purpose. Applicants for minor accepted only with a parent or guardian signature.

Signature: _____ Date _____

Parent **MUST** sign if entrant is under 18 years of age!

Please mail signed form and check (payable to "Please Help Me Run") to
Richard Johnson, 724 S. Weller Ave., Springfield, MO, 65802